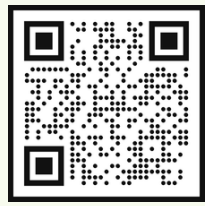


Weekly Wisdom

Grow the Green for You and Your Team



“Cultivating wisdom is a deliberate choice that people can make regardless of age and intelligence.”

How to Think Like a Wise Person

We bet you can tell us how to know if someone is smart. Test scores. Ability to calculate the dinner tip without a calculator. Career success. Grades.

But how do you know if someone is wise? According to the great philosophical and religious traditions, wisdom is a virtue. It's what distinguishes “great leaders from the rest of the pack.”

But **who** is wise? Take a moment to bring to mind a wise person. Is it a friend? A patient? An older relative? A celebrity or historical figure?

In the excellent linked article, the author shares some of what research & experts know about wisdom:

- Age doesn't matter. Young people are as likely as old to be wise.
- See the world in shades of grey, not black and white.
- Balance self-interest and the common good. (Without being a martyr.)
- Challenge the status quo.
- Aim to understand, rather than judge.
- Focus on purpose over pleasure.