WeeklyWisdom

Grow the Green for You and Your Team

"Clear is kind. Unclear is unkind." -- Brene Brown

Speaking Truth

If you know Brene Brown's work (and who doesn't these days!), you've likely heard her explain that being vague or ambiguous in conversations with coworkers, rather than clarifying our message, is unkind and unfair.

We all face challenging circumstances, and people, and it's natural to want to skirt the issue or ignore the elephant in the room.

But what if speaking the truth, even if it means sharing difficult information or feedback, is the kindest thing we can do for our teams?

Of course, our tone and words matter, but when we avoid stating the truth, distrust within our team can fester and grow.

Consider the culture of your workplace and whether respectful, open discourse is the norm, or if this is a lesson worth sharing.