

# Weekly Wisdom

*Grow the Green for You and Your Team*



*“Patience with small details makes perfect a large work,  
like the universe.” – Rumi*

## Embrace Your Inner Bamboo Tree

What do you think matters more in life?  
Talent or hard work? Psychologist  
Angela Duckworth studies **grit**, or our  
ability to sustain passion and  
perseverance for long-term goals.

A perfect metaphor for grit is the  
bamboo tree. After planting, it can take  
5 years to see any growth above the  
surface. Then in 6 more weeks, it will  
grow to be over 80 feet tall!

Our success in life is also like bamboo  
trees. Every day we have to complete  
small steps towards our goals, often

behind closed doors, unseen and  
unacknowledged by others.

Then, when we're least expecting it, our  
“bamboo shoot” appears above the  
ground! The grit we showed with our  
ongoing, consistent, daily small steps  
comes to fruition.

People might consider you “an  
overnight success,” when in fact, you  
were determined to reach your goal.

One lesson of the bamboo tree is to stay  
committed, not give into  
discouragement, and to show true grit.